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Xx/2017
About TRPIL

Transitional Paths to Independent Living (TRPIL) is a multi-service agency assisting people with disabilities throughout the southwestern region of Pennsylvania. We are a membership organization of people who live in our community with disabilities, along with our friends and allies. We advocate for the civil rights of people with disabilities, and promote independent living in our communities.

Our organization is three separate, affiliated corporations, each with its own board of directors. They are:

♦ **Transitional Paths to Independent Living** – Provides the five core Independent Living services (advocacy, independent living skills training, information & referral, peer support, and transition). See page 5.

♦ **TRPIL Community Services** – Provides home- and community-based services and training; assists with direct care worker training, compliance with PA Department of Health and other state regulations, processing attendants payroll, and offering health insurance for direct care workers. See page 8.

♦ **TRPIL, Inc.** – Provides administrative and information technology services to each of the other corporations.

Last year, TRPIL served almost 2,000 people through our various programs, a number that is steadily increasing each month. One in five individuals in their lifetime will either experience a disabling accident or have an age-related disability. TRPIL stands ready to make that transition smoother and more independent for each person, so that we can live the lives we choose, in the places we choose.

For more information about TRPIL and its services, please call 724.223.5115 or visit our website at www.trpil.com.

Funding Sources

Programs are supported in part by Pennsylvania’s Initiative on Assistive Technology (PIAT). PIAT is the Commonwealth’s Assistive Technology Act Program, a program of the Institute on Disabilities at Temple University, funded through a grant from the Administration on Community Living, US Department of Health and Human Services (HHS).

The Administration for Community Living (ACL) is an operating division of the U.S. Department of Health and Human Services (HHS). ACL’s independent living programs “support community living and independence for people with disabilities across the nation based on the belief that all people can live with dignity, make their own choices, and participate fully in society.”

CIL programs are funded in part by the Pennsylvania Office of Vocational Rehabilitation (OVR) which serves as the Designated State Unit for funds originating from the Administration on Community Living (ACL), US Department of Health and Human Services (HHS).

Transitional Paths to Independent Living affirms Liberty and Justice for all people with disabilities.
Message from the CEO

We are now **Transitional Paths to Independent Living (TRPIL)**. The board of directors has renamed our organization in recognition that for many years we have been providing services beyond the three original counties into the broader southwestern Pennsylvania.

**TRPIL** is pleased to bring you our 2017 Annual Report. Inside, you will find a glimpse of some of the highlights of our organizations, programs, and services over the past year. We have worked together with our local neighbors as a society of advocates to remove barriers that otherwise prevent full access and participation in our communities for people with disabilities.

We combine this advocacy with quality services. **TRPIL** continues to provide vital services and resources to promote change, empowerment, and inclusion for adults and children of all ages and types of disabilities. We continue to be an organization run by people with disabilities, supporting people with disabilities.

Our success and impact on the lives of people in our community would not be possible without the dedication of **TRPIL** staff, donors, Board and Committee Members, and volunteers.

*Thank you all* for your continued support of our mission and goals. We are happy to share with you our accomplishments, and are looking forward to an exciting and successful year in 2018.

*Kathleen Kleinmann, Chief Executive Officer*

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**Transitional Paths to Independent Living – TRPIL** Facebook Page
https://www.facebook.com/TRPIL

**TRPIL** Twitter Feed
https://twitter.com/TRPIL_PA

**Transitional Paths to Independent Living** YouTube Channel
https://www.youtube.com/user/s3ah0rse
Consumer Demographics

Total Consumers Served: 1,895

Age
- Under 5 years old: 0.026%
- Ages 5 – 19: 1.59%
- Ages 20 – 24: 2.82%
- Ages 25 – 59: 74.58%
- Age 60 and Older: 19.86%
- Age Unavailable: 0.88%

Race & Ethnicity
- American Indian or Alaska Native: 0.01%
- Asian: 0.02%
- Black or African American: 16.86%
- Native Hawaiian or Other Pacific Islander: 0.01%
- White: 81.82%
- Hispanic/Latino of any race or Hispanic/ Latino only: 0.04%
- Two or more races: 0.04%
- Race and ethnicity unknown: 0.03%

Disability
- Cognitive: 3.08%
- Mental/Emotional: 5.74%
- Physical: 54.63%
- Hearing: 1.32%
- Vision: 1.06%
- Multiple Disabilities: 30.36%
- Other: 2.21%

Gender
- Females served: 50.40%
- Males served: 49.60%

Financials*

Revenue by Source ($)
- Grants & Contracts: $12,343,820
- Fee for Service = $66,722
- Contributions = $348,704
  - Unrestricted = $1,743
  - Restricted = $346,961
- Miscellaneous = $22,457
  - Unrestricted = $22,457
  - Restricted = $0
- TOTAL = $12,781,703

Expenses ($ ≈ %)
- TRPIL Community Services Programs = $7,857,742 ≈ 71.46%
- Transitional Paths to Independent Living Programs = $675,105 ≈ 6.14%
- Accessible Dreams Programs = $310,461 ≈ 2.82%
- General Administration = $2,152,601 ≈ 19.58%
- TOTAL = $10,995,909 ≈ 100%

Jan Crockett, Chief Financial Officer
**What We Do**

As a CIL, we provide the five core Independent Living Services as well as other programs and services, to promote people with disabilities living lives they choose, in the places they choose.

- Advocacy
- Information & Referral
- Peer Support
- Skills Training
- Transition (nursing facility, employment, youth)

**Transitional Paths to Independent Living (TRPIL)** is a Center for Independent Living (CIL) that brings together individuals who face common barriers – in equal access, assistive technology (see page 9), education, employment, housing, civil rights, personal health and wellness, professional interactions, and transportation – in order to solve these problems.

Through the connection of people, information, and action, individuals of all ages and abilities are able to work together to help themselves and to improve our community. We provide information and experience to people with disabilities regarding the challenges that they may face.

TRPIL provides a wide range of services that assist people with disabilities in leading independent and productive lives (see What We Do above). Through a lending library, we loan assistive technology (AT) such as TTY telephones, keyboards, or eye-gaze communication devices to help our members make the most informed decision when they purchase their own AT equipment. Our fully accessible wellness gym can support people to improve their physical strength and flexibility; helpful in combatting secondary health conditions, and needed for those who use wheelchairs to transfer themselves independently.
**TRPIL Capital Campaign**

*Be a part of TRPIL’s new headquarters...*  
...and support the greater Washington and southwestern Pennsylvania community.

*Phase I* of the renovation of the historic YWCA building (on West Maiden Street in Washington) into TRPIL’s new, cutting edge accessible headquarters has begun and will be complete by Summer 2018.

While staff will be able to take up residence in the building at that point, *Phase II* and *Phase III* will still need to be funded. *Phase II* involves additional renovation of the interior, including the gymnasium; *Phase III* will focus on a glassed-in conservatory on the third floor.

Have you donated to the capital campaign, or are you interested in our planned giving program or naming opportunities (see below) in the new headquarters?

*For more information, contact: Joann Naser, Director of Development, at 724.223.5115*

### Naming Opportunities

Your donation can be earmarked for naming rights of various rooms in the renovated building. It’s a great way to show to others what you (and/or your organization) stand for!

**Donor Levels:**
- Philanthropist $500,000+
- Humanitarian $250,000
- Liberator $125,000
- Patriot $75,000
- Historian $50,000
- Freedom Fighter $25,000
- Mentor $10,000
- Associate $5,000

**Naming Opportunities:**
- Elevator Tower  
  (Life-Safety Area)
- Parlor
- Wellness Center
- Internet Café
- Training Center
- Conservatory
- Auditorium
- Conference Area

*Donations can be paid in installments over three years.*

*Renovating a legacy of our past to build our future!*

*photos ©2016 Brook Ward*
On July 31, 2017, ground was officially broken for **Transitional Paths to Independent Living (TRPIL)**’s new headquarters on West Maiden Street in Washington, PA. The historic former YWCA building is being renovated and updated into a cutting edge, fully accessible center for independent living and community center.

The project is in three phases, costing approximately $9 million. Renovations will include a life safety area and state-of-the-art elevator system, a training center for direct care workers, offices, a conference area, a fully accessible wellness gym, internet computer cafe, and a new entrance on the main level.

Additionally, historic features such as the grand staircase, parlor, and auditorium/gym will be preserved as much as possible.

On a beautiful morning, over 100 people came to hear PA Department of Community & Economic Development (DCED) **Secretary Dennis Davin** and **Regional Director Johnna Pro; Erin Molchany**, the Southwest Director for Governor Wolf; **Doug Steeber**, Legislative Assistant to US Congressman Tim Murphy; and **PA State Senator Camera Bartolotta** and **PA State Representative Brandon Neuman** speak about **TRPIL** and our work.

Closer to home, **Washington County Commissioners Diana Irey-Vaughan, Lawrence Maggi, and Harlan Shober** – as well as **City of Washington Mayor Scott Putnam** spoke of **TRPIL** and what the new headquarters will mean not just to our city and county, but to our whole region.

Before “shovel-in”, CEO Kathleen Kleinmann spoke eloquently about the overall history, mission, and goals of **TRPIL**, and what that means for all of us.

Light refreshments were provided by soon-to-be-new-neighbors **Chicco Baccello, Mr. Gyros**, and **Julian’s**.
TRPIL Community Services trains and coordinates over 600 direct care workers in our Personal Assistance Services (PAS) program who work daily with over 650 consumers, assisting them with daily living requirements (getting the consumer out of bed, and helping them with showering, preparing and eating meals, getting to appointments, grocery shopping, and light housework such as doing laundry and dishes).

We also aid in Nursing Home Transition (NHT) – see page 10 – and home modifications for accessibility (like ramps, kitchen or bathroom renovations, door-widening, and other accommodations) – see page 11.

TRPIL Community Services

Have You Seen the Billboards?

Our new Monroeville location provides all the same programs and services as our Washington County headquarters.

201 Penn Center Boulevard
Building 1, Suite 204
Monroeville, PA 15235

Located in a business park in Penn Center (in Wilkins Township), our open office space allows us to hire, train, and schedule new direct care workers for Allegheny, Armstrong, Beaver, Butler, and Westmoreland counties.

The space has been renovated to add private space for scheduled consumer meetings and more accessible bathrooms.
On September 27, outside the Rossin Campus Center at Washington & Jefferson College, we partnered with W&J students who helped build customized cardboard furniture for people with disabilities. When properly constructed, cardboard furniture is light, inexpensive, sturdy, quickly made, and – most importantly – adaptable. Furniture like this can serve as an alternate strategy to meet the needs of persons with disabilities, especially children, to support their independence. Students helped build stools, bike boards, lap desks, and chairs using designs from the Adaptive Design Association; check out their website at http://www.adaptivedesign.org. It’s amazing that with the right know-how, something so inexpensive and readily available can change someone’s life so dramatically!

Nadine’s experience is a great example of consumer-directed independent living.

Nadine originally approached our AT program for information and assistance in applying for a TDDP amplified telephone. That’s when she learned about the Assistive Technology Lending Library (ATLL). With the help of family, Nadine has been experimenting with various devices she has borrowed from the ATLL to help with daily living tasks. She’s now developing a whole list of items she eventually wants to own.

One of her top passions is cooking. However, Nadine has recently been having trouble reading her hand-written notes in the cookbooks that she’s been using all her life. When she contacted us again for suggestions, we let her know about a standing magnifier that had been donated to the reuse program and was now available for donation. For a nominal $10 processing fee, Nadine is now able to read regular-sized print, including her secret tips for great meals!

Congratulations on your success, Nadine!
In Washington County, TRPIL Community Services sponsors Faith in Action.

This program provides a volunteer-based support service to our neighbors who are older or who have disabilities (our care receivers).

Our volunteers help people stay active within the community and in their own homes by providing needed non-medical assistance to maintain independent lifestyles.

TRPIL is a national leader in Nursing Home Transition (NHT) Last year, TRPIL transitioned 91 individuals from nursing homes into their own apartment or home where – with assistance – they can live independently.

This service is a consumer-driven initiative built on the personal experiences of those who have lived in the community with disabilities and many who have struggled to leave nursing homes. NHT provides information to individuals in long-term facilities about community living options.

Nursing Home Transition Coordinators (NHTCs) provide one-on-one assistance in finding housing, applying for vouchers, coordinating moving services, setting up the home, and obtaining home and community-based services. Funding is available to help with initial expenses such as security deposits, obtaining household goods and assistive devices.

Referrals to home and community-based services include personal attendant services, transportation needs, assistive technology, and home modifications (see next page) for both inside and outside of the home.
Home Modifications

Home modifications are physical adaptations to the private residence of the participant to ensure their health, welfare, and safety, and enable them to function with greater independence in the home. These can include ramps to make entry and exit more accessible, a stair glide to assist in traversing stairs, or even a full barrier-free redesign of an area of the home (bathroom, kitchen, laundry, etc.). We use local contractors in several areas in southwestern Pennsylvania, and our experienced project management staff oversees each home modification, from start to finish.

Molly lived in Arizona, but when she got sick, she moved from Arizona back to Pennsylvania to be near family. She was admitted to a local nursing facility for rehab. While she was there, she felt lost and trapped. She had left Arizona with nothing: no household items, no savings, no accessible place to go. No one heard her voice.

However, when she found out about TRPIL’s Nursing Home Transition Program, Molly eagerly enrolled. Our NHT staff was there to support her in her decisions to reclaim her independence and life. We assisted her in finding a suitable home, acquiring funds for a security deposit, and purchasing needed household items. Molly has moved into a new accessible apartment and is served by our Personal Assistance Services (PAS) program – see page 8.

I want to thank TRPIL.
If it wasn’t for them, I wouldn’t have moved out on my own. I would still be stuck in that nursing facility.
TRPIL is wonderful at what they do!
– Molly Bennie
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Woody Osburn (Emeritus CIL Board Member)

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